

# Scottish Coaching and Climbing Walls Seminar



## SCHEDULE

DAY 1: Thursday 22 Nov

FOR: ENDORSED MSCot PROVIDERS, COACHES AND SETTERS



ROOM: 1

09:00-09:30

### ARRIVAL AND WELCOME

#### OPTIONS

ROOM: 1

09:30-10:30

#### 1a. COACHING WORKSHOPS PATHWAY

(Kevin Howett / Alan Halewood)

ROOM: 2

09:30-10:30

#### 1b. THE ROUTE SETTING PROFESSION

(Pete Hill RSA)

10:30-10:45 Break

ROOM: 1

10:45-12:00

#### 2a. MSCot COACHES REVIEW & 2019

(Kevin Howett, Jamie Smith)

ROOM: Arena

10:45-12:00

#### 2b. PRACTICAL: BOLTS, HOLDS, IMPACT DRIVER, RSI , PINNING, EYE PROTECTION AND LAGER

(Pete Hill RSA)

12:00-13:00 lunch

ROOM: 1

13:00-14:00

#### 3a. COACHING FUTURES: PHYSICAL TRAINING

(TLC Coaching)

ROOM: 2

13:00-14:00

#### 3b. MSCot SETTERS REVIEW & 2019

(Robert Mackenzie & Kevin Howett)

14:00-14:15 Break

ROOM: 1

14:15-17:00

#### 4a. SAFEGUARDING WORKSHOP LEVEL 1

(Children 1<sup>st</sup>)

ROOM: 2

14:15-15:30

#### 4b. COACHING FUTURES: THE YPD MODEL

(tbc)

ROOM: Arena

14:15-17:00

#### 4c. PRACTICAL: MOVEMENT 'GLIDING ON ROCK'

(Jon Kettle)

15:40-17:00

#### 5. COACHING FUTURES: UK COACHING

(Jamie Smith & Calum McBain)

17:00-19:00 Tea, Climb, Network

ROOM: 1

19:00-20:00

#### 6. CLIMBSCOTLAND ACADEMIES 2018 REVIEW

(ClimbScotland Team & Academy Coaches)



# SCHEDULE

DAY 2: Friday 23 Nov

FOR: ALL CLIMBING WALL STAFF, COACHES, INSTRUCTORS, MANAGERS AND OWNERS



## OPTIONS

10:00-10:30	ROOM: 1 <b>ARRIVAL AND WELCOME</b>	
10:30-11:30	ROOM: 1 <b>1a. MT TRAINING AWARDS UPDATE</b> (George McEwan MTS)	ROOM: 2 <b>1b. GENERAL DATA PROTECTION LEGISLATION</b> (MScot)
11:30-11:45	Break	
11:45-12:15	ROOM: 1 <b>2a. WORKING WITH WALLS</b> (CS Team)	ROOM: 2 <b>2b. SAFEGUARDING CHILDREN</b> (Children 1 <sup>st</sup> )
12:15-12:45	ROOM: 1 <b>3a. AALA UPDATE</b> (David Montieth, MScot Board)	
12:45-13:45	lunch	
13:45-14:30	ROOM: 1 <b>4a. NATIONAL CLIMBING WALL ACCESS CARD</b> (Scott Haslam, ABC)	ROOM: ARENA PRACTICAL <b>4b. CLIMBING SPECIFIC TRAINING AIDS</b> (Mike Mullins, Eden Rock)
14:30-15:15	ROOM: 1 <b>5. MEET THE CLIMBSCOTLAND TEAM</b> (CS Team)	
15:15-15:30	Break	
15:30-16:30	ROOM: 1 <b>6a. COACHING FOR BEGINNERS – WHERE TO START AND WHY?</b> (Al Halewood)	ROOM: 2 <b>6b. CLUBS: RETAINING OLDER CHILDREN</b> (Calum McBain, CS)
16:30-17:00		ROOM: 2 <b>7. ABCTT COACHING DEVELOPMENT TEAM</b> (Pete Nellist ABCTT)
17:00-19:00 Climb, Food, Network		
19:00-22:00	ROOM: 1 <b>7. SCWN MEETING</b> (Mountaineering Scotland)	